

Better care through better nutrition

'PROVIDING POSITIVE HEALTH OUTCOMES AND OPTIMISING SPEND'

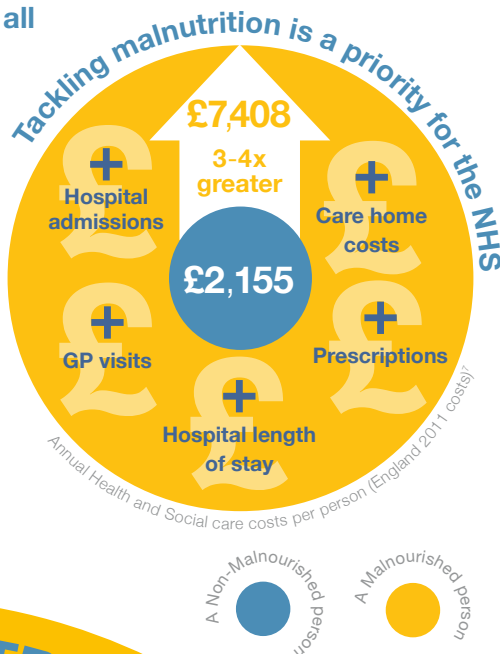
MEDICAL NUTRITION - A VALUABLE SOLUTION WE CANNOT AFFORD TO IGNORE

Malnutrition is a PRIORITY for all

Malnutrition affects **5% of the UK population**, but is under-recognised.

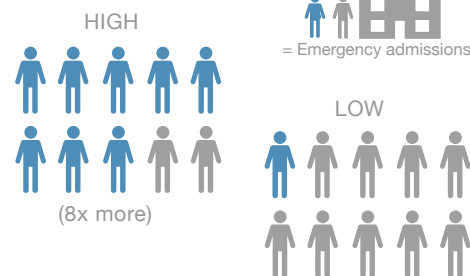
The solution is **better screening and nutrition** – involving a spectrum of good nutritional care – medical nutrition plays an essential role.

Medical nutrition provides an evidence-based, cost-effective solution to tackling disease-related malnutrition.



Tackling malnutrition is a priority for HOSPITALS

Risk of malnutrition



Tackling malnutrition is a priority for PATIENTS

- Hospitalised malnourished patients are **3 times more at risk of infection** than well-nourished patients.^{2,3}
- Poor nutritional status is a key risk factor in the development of **pressure ulcers**.⁴
- 1 in 4 hip fracture patients** are at risk of malnutrition, or are malnourished on admission to an NHS hospital.⁵
- Hospitalised patients at 'high risk' of malnutrition are **12 times more likely to die early** than those at 'no risk'.⁶

3 million people in the UK¹ are malnourished



More patients are affected by disease related malnutrition than those with a cancer diagnosis.*

*Estimated number of people living with cancer in UK = 2.5m²

MEDICAL NUTRITION

ORAL NUTRITIONAL SUPPLEMENTS,
ENTERAL TUBE FEEDING - PARENTERAL NUTRITION

ROUTINE CARE

DIETARY COUNSELLING - FOOD FORTIFICATION

MEDICAL NUTRITION - A VALUABLE SOLUTION WE CANNOT AFFORD TO IGNORE

Medical nutrition is designed to meet the nutritional needs of patients who are unable to meet their needs through food alone and provides an evidence based, cost effective solution to tackling disease-related malnutrition.

VALUE of liquid Oral Nutritional Supplements (ONS) vs routine care



- 33% reduction in mortality** in hospital patients.¹
- 33% reduction in complications** in hospital patients.¹
- 2 days shorter length of stay**.¹
- 30% reduction in complications post hospital discharge**.²
- 50% reduction in falls** post hospital in malnourished older adults for high protein ONS.³
- 30% reduction in readmissions** for high protein ONS.⁴

VALUE of Enteral tube feeding vs routine care



- 50% reduction in mortality** in hospital patients.⁵
- 30% reduction in complication rates** in hospital patients.⁵
- Allows a **safe discharge from hospital**, with **47,000** tube fed patients in UK able to live independently in their own homes.
- Improved body weight and muscle mass** in patients in the community.⁵